

Psychosocial Nursing

1. Course Syllabus

1.1 Course Title:	Psychosocial Nursing
1.2 Course no:	RPN 301
1.3 No. of Credits:	Theory 2.5 + Practical 0.5 + Clinical 0 = 3
1.4 Course Prerequisites:	Bachelor of Science in Nursing
1.5 Name of the faculty:	Dr. Arnel Bañaga Salgado
1.6 Office hours:	08:30 am to 04:30 pm
1.7 Course Duration	Six Months

2. Course Catalog

Psychosocial Nursing

(2.5-0.5-0= 3)

This course introduces the students to gain advance knowledge and skills in psychosocial nursing and its application into the delivery of practice and role development to diverse populations in the context of everyday life for patients, families, community and workplace.

3. Course Learning Outcomes

3.1 General:

This course enables the students to apply knowledge of psychosocial nursing in giving comprehensive care to patients and their families in diverse population.

3.2 Specific:

3.2.1 Knowledge (A)

On successful completion of the course, the student will be able to:

1. Comprehend factors to consider when caring for patients with various cultural and ethnic backgrounds.
2. Evaluate the purpose of psychosocial assessment within the context of a holistic approach to nursing care.
3. Identify the commonly encountered psychosocial problems to provide holistic care to patients and their families.
4. Recognize resources available in the health-care agencies for psychosocial support for patients and their families.

3.2.2 Skills (B)

On successful completion of the course, the student will be able to:

1. Incorporate psychosocial principles in the care of patients and their families.
2. Develop psychosocial assessment skills based on a comprehensive evaluation of the patient's condition.
3. Demonstrate abilities to analyse given psychosocial data of patients in all settings.
4. Apply knowledge of psychosocial nursing in planning and implementing comprehensive care of patients in all settings.
5. Select appropriate interventions in dealing with various psychosocial disturbances.

2.3 Competence (C)

On successful completion of the course, the student will be able to:

Autonomy and Responsibility (C1)

1. Utilize concepts of psychosocial nursing in delivering quality care to patients amongst a diverse population.
2. Apply knowledge of psychosocial nursing in the care of patients amongst a diverse population.

Self -Development (C2)

1. Empower accountability for learning various belief system and socio-cultural differences impacting health behaviour and practices amongst patients of a diverse population.
2. Internalize psychosocial principles to enhance self-awareness and interpersonal interaction with patients across all settings.

Role in Context: (C3)

1. Utilize principles and techniques of counselling in dealing with patients in all settings.
2. Practice cultural competence in providing holistic care for all patients amongst diverse population.

4. Course content

Week	Topic	Sub Topic: Content	Teaching – Learning Methodology	Evaluation Method
1-3	Aspects of Psychosocial Nursing	<ol style="list-style-type: none"> 1. Introduction to Psychosocial Nursing for General Patient Care 2. Psychosocial Response to Illness 3. Nurses' Responses to Difficult Patient Behaviours 4. Crisis Intervention 5. Cultural Considerations: Implications for Psychosocial Nursing Care 	Lecture & Interactive session	Continuous Assessment test Assignment Seminar
4-7	Care of Commonly Encountered Psychosocial Problems	<ol style="list-style-type: none"> 1. Problems with Anxiety 2. Problems with Anger 3. Problems with Affect and Mood 4. Problems with Confusion 5. Problems with Pain 6. Problems with Nutrition 7. Problems Within the Family 8. Problems with Spiritual Distress 9. Problems with Self-destructive Behaviors 	Lecture & Interactive session Group discussion TBL/PBL	Continuous Assessment test Seminar
8	Mid Semester Examination			

9-10	Transitions Across Lifespan	<ol style="list-style-type: none"> 1. Disability 2. Chronic Conditions 3. Sexuality 	Lecture & Interactive session	Continuous Assessment test
11-12	Loss/Grief, Coping and Family	<ol style="list-style-type: none"> 1. Loss and Grief 2. Coping 3. Understanding Family Needs, Roles and Responsibilities 4. Chronic Conditions 	Lecture & Interactive session	Continuous Assessment test
13-14	Special Topics	<ol style="list-style-type: none"> 1. Nursing Management of Special Populations <ul style="list-style-type: none"> • Care of Patients with Sleep Disturbances • Care of Patients who are Chronically Ill • Care of Homeless Patients with Chronic Illness • Care of the Dying Patient 2. Disaster Planning and Response - Psychosocial Impact <ul style="list-style-type: none"> • The Disaster Victim/Patient • The Disaster Responder/Nurse 	Lecture & Interactive session Small Group discussion	Continuous Assessment test
16	Revision			
17	End Semester Examination			

5. Assessment: Grading System

Sr. No.	Evaluation	Weightage
1	Mid-semester Examination (1)	50%
2	Written assignment (1)	20%
3	Team/Problem Based Learning (1)	15%
4	Seminars (1)	15%
	Total (Continuous Assessment)	100%
5	Final grading:	
	Continuous assessment	60%
	End-semester exam	40%
	Total	100%

6. Recommended Textbooks

Author	Title	Published Year & Ed.	Publisher
Roberts, Dave	Psychosocial Nursing Care (A Guide to Nursing the Whole Person)	2013 1 st Edition	McGraw-Hill Education
Drench, Meredith E., <i>et.al.</i>	Psychosocial Aspects of Health Care	2012 3 rd Edition	Pearson Education

7. Recommended References and Readings

Author	Title	Published Year & Ed.	Publisher
Gorman, Linda M. & Sultan, Donna F.	Psychosocial Nursing for General Patient Care	2008 3 rd Edition	F.A. Davis Company
Kalat, James	Introduction to Psychology	2017 11 th Edition	Cengage Higher Education

8. Instructional Materials and Learning Resources

1. CINAHL complete
2. ProQuest
4. EBSCOhost eBooks
5. American Psychology Association
6. Educational Psychologist