

Advance Nursing Concept - 2

Course Title: Advance Nursing Concept - 2

Course No.: NAC 124

No. of Credits: (1-0-1=2)

Course Prerequisites: NPM 307

Course Duration and Sequence:

Year	Semester
I	1 st and 2 nd

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1. Course Catalog

NAC 124 Advance Nursing Concept - 2

(1-0-1=2)

Designed to provide the registered nurse student the opportunity to apply baccalaureate nursing strategies and the nursing process while assisting clients and families in maintaining and/or regaining an optimal level of wellness. Emphasis is given to the role of the nurse as a care provider, teacher, collaborator, and problem solver in client's care across the life span. It will include psychiatric-mental health components.

2. Scope and Course Objectives

2.1 General:

This course provides an opportunity for the registered diploma nurses to advance knowledge regarding mental health and mental illness and its nursing management. The course introduces the nursing process as a framework for professional nursing practice so that students develop skills in rendering care to psychiatric patients.

Specific:

2.2. Knowledge:

At the end of the course the student shall be able to:

1. Review the basic concepts of Psychiatric Mental Health Nursing, Mental Health & Mental Illness.
2. Explain major theories related to Psychiatric Mental Health Nursing and its therapeutic approaches in rendering comprehensive care to clients in hospital and community settings.
3. Explain the basic processes of neurotransmission and its role in mental disorders.
4. Identify the components of a holistic assessment, including mental status examination.
5. Describe the application of the nursing process to psychiatric mental health nursing.
6. Identify legal and ethical issues that guide Psychiatric - Mental Health Nursing practice.
7. Describe etiological factors, psychopathology, clinical features, diagnostic criteria and treatment modalities used for mental disorders.

2.3. Skills:

1. Take psychiatric history and performs a comprehensive mental status Examination.

2. Establish and maintain therapeutic nurse - client relationship in working area.
3. Develop communication skills through interpersonal process recording.
4. Demonstrate skill in effective observation and recording of 'mentally sick clients in the psychiatric setting.
5. Assist and render care to mentally sick clients undergoing selected therapies (Recreational Therapy, somatic therapy (ECT) and Group therapy). Assess high risk clients with suicide or violent behaviors.

2.4. Attitude:

1. At the end of the course the student shall be able to:
2. Maintain effective interpersonal relationship in working area.
3. Develop good health habits and guide others for healthful living.
4. Appreciate the significance of quality assurance in nursing
5. Demonstrate professional behaviour.

Competence:

On successful completion of this course, the students will be able to:

Autonomy and responsibility

- Demonstrate therapeutic communication with the clients.
- Maintain effective interpersonal relationship with clients, family and multidisciplinary team members.

Self-development

- Develop sound mental health habits and guides others.
- Update self with the recent advances in psychiatric nursing practice.

Role in context

- Demonstrate competency in establishing and maintaining a therapeutic nurse-patient relationship.
- Utilize effective therapeutic communication techniques while caring clients

with mental health problems.

- Demonstrate efficiency in carrying out mental health status assessment of the clients.

Course Plan

Week	Topic	Content	Contact Hours	Teaching-Learning Methodology	Evaluation
Week 1	Concepts of mental Health	<ul style="list-style-type: none"> • Overview of Concepts of Mental Health, History of Mental Health, • Mental Health/Mental Illness Continuum • Cultural influences on attitude towards Mental Illness 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 2	Concepts of mental Health	<ul style="list-style-type: none"> • Overview of Concepts of Mental Health, History of Mental Health, • Mental Health/Mental Illness Continuum • Cultural influences on attitude towards Mental Illness 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 3	Essential Mental Health Skills	<ul style="list-style-type: none"> • Mental Status Exam • (Using Mental Health Assessment Tool) and other skills in psychiatric nursing • Communication Techniques • Various Forms 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 4	Essential Mental Health Skills	<ul style="list-style-type: none"> • Mental Status Exam • (Using Mental Health Assessment Tool) and other skills in psychiatric nursing • Communication 	1	Practice	Clinical Evaluation OSCE

		<ul style="list-style-type: none"> Techniques • Various Forms 			
Week 5	Introduction to the Management of Mental Disorders	<ul style="list-style-type: none"> • Etiology of Mental Illness, Signs and symptoms of Common mental Illness 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 6	Psychological Therapies	<ul style="list-style-type: none"> • Psychotherapy • Counselling • Types of Psychotherapy 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 7	Psychopharmacology	<ul style="list-style-type: none"> • Principles of Psychopharmacology • Major Groups of Psychotropic Drugs • Antipsychotic Drugs • Antipsychotics: Mechanism of Action • Side Effects of Antipsychotic Drugs 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 8	Psychopharmacology	<ul style="list-style-type: none"> • Antidepressants • Indications for Antidepressants • MAO Inhibitors • Selective Serotonin Reuptake Inhibitors (SSRIs) • Mood Stabilizers • Lithium Toxicity 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 9	Crisis Intervention and Suicide	<ul style="list-style-type: none"> • Psychosocial Factors • Biological Factors • Cultural factors • Risk and Protective Factors for Suicide • Special Milieu Therapy • Psychobiological 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE

		<ul style="list-style-type: none"> Interventions Counselling 			
Week 10	Crisis Intervention and Suicide	<ul style="list-style-type: none"> Case Management Health Education Nursing Evaluation Suicide Precaution Risk Assessment for Suicide 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 11	Somatoform Disorders	<ul style="list-style-type: none"> Conversion Disorder Nursing Process Psychological Interventions 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 12	Substance Use Disorders Delirium, Dementia, and other cognitive mental Disorders	<ul style="list-style-type: none"> WHO definition of Substance abuse Substance Dependence Tolerance Withdrawal 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 13	Substance Use Disorders Delirium, Dementia, and other cognitive mental Disorders	<ul style="list-style-type: none"> Psychiatric morbidity Nursing Process for Substance abuse Intervention Strategies 	1	Lecture Seminar SDL Group Discussion	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
Week 14	Substance Use Disorders Delirium, Dementia, and other cognitive mental Disorders	<ul style="list-style-type: none"> Definition of Important terms History Schizo affective Disorders Other Psychotic Disorders 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE

Week 15	Schizophrenia and other Psychotic Disorders	<ul style="list-style-type: none"> • Classification of Schizophrenia • Positive Symptoms • Negative Symptoms • Nursing Process 	1	Lecture Seminar SDL Group Discussion Clinical Learning Experiences	Quiz In-course assessment Comprehensive examination Clinical Evaluation OSCE
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Grade Distribution

Recommended Text books

Author	Title	Published Year	Publisher
Shives, Louise Rebraca	Basic Concepts of Psychiatric-Mental Health Nursing	2012	Lippincot
Townsend, Mary C.	Psychiatric Mental Health Nursing Concepts of care in evidence based practice	2008 (6 th edition)	Mosby
Stuart, Gail W.	Principles and practice of psychiatric nursing	2008 (9 th edition)	Mosby

Reference Text books

No	Components	Duration	Weightage	Final Mark
1	In-Course Assessment MCQ = 20 items RRE = 6 <i>A total of 4 in-course assessments will be given to the students</i>	-	30	
2	Assignment (2 assignments)	-	20	
3	PBL (2 per semester)	-	-	
4	Quizzes <i>(only 3 quizzes will be given at 10 marks each)</i>	30 minutes	20	
			70	70%
5	Clinical Marks		30	30%
	TOTAL			100%

Author	Title	Published Year	Publisher
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Frisch, Noreen and Lawrence	Psychiatric Mental health Nursing	2010 (4 th edition)	Cengage
Townsend, Mary C.	Nursing diagnosis in psychiatric nursing: Care Plans and	2010 (18 th edition)	F.A. Davis