

## **Suicide Risk Assessment Form**

(Developed by Dr. Arnel Banaga Salgado)

Name:
ID No:
Registration Number:
Sex:
Age:
Race:
Marital Status:
Address:
DIAGNOSIS:

Α.	DEMOGRAPHIC FACTORS	В.	CURRENT MENTAL STATUS
	Low socioeconomic status		Suicidal ideation expressed by the patient
	Living Alone		Suicidal ideation expressed by others
	Currently divorced		Realistic plan in the hospital
	Unemployed		Suicidal intent alleged by others
	Access to/history of use of firearm		Suicidal intent expressed by the patient
	Lack of structured religion		
C.	CLINICAL FACTORS		
	Severe anxiety and/or agitation		Obsessive-Compulsive Disorder
	Anorexia nervosa		Schizophrenia
	Bipolar disorder		☐ Paranoid or undifferentiated type
	☐ Bipolar II		☐ Depressive state
	☐ Mixed state		☐ Command Hallucination
	☐ Depressive phase of illness		☐ More than a high school education
	Depression		Less than 40 years old
	Severe		Personality Disorder
	Anhedonia or hopelessness		Cluster B or Cluster C
	Anxiety, agitation, or panic		☐ Co-morbid depression
	☐ Aggression Or Impulsivity		Co-morbid alcohol abuse/dependence
	☐ Delusional Thinking		Epilepsy
	Global or partial insomnia		☐ Temporal Lobe epilepsy
	Recent sense of peace/well-being		Chronic Pain
	Co-morbid alcohol abuse/dependence		More than one psychiatric diagnosis
	Dysthymia		Currently psychotic
	Post-Partum Depression		Unstable or poor therapeutic relationship
	Alcohol/Substance Abuse/Dependence		
	Co-morbid Axis I Disorder		
	☐ Mixed Drug Abuse		
D.	LOSS FACTORS	E.	Cognitive features that contribute to risk
	Decrease in Vocation Status		Loss of executive function
	Loss of significant relationship		Thought constriction (tunnel vision)
	Decline in Physical health		Polarized Thinking
	Loss of freedom due to legal status		Closed-mindedness
			Inability to adapt to a dependent role

1	HISTORICAL FACTORS	G.	RISK REDUCTION FACTORS		
	Prior suicide attempts		Pregnancy		
	Family history of suicide attempts		Responsible for children under 18 years old		
	Anniversary of important loss		Sense of responsibility to family		
	Impulsivity		Catholicism or Islam is religion of choice		
	Family of origin violence		Employed		
	Victim of physical or sexual abuse		Living with another person, especially a relative		
	Domestic partner violence		Positive social support		
			Positive therapeutic relationship		
	Family members:				
_	Review of records (Specify):				