Dr. Arnel Bañaga Salgado

Professional Nursing Today
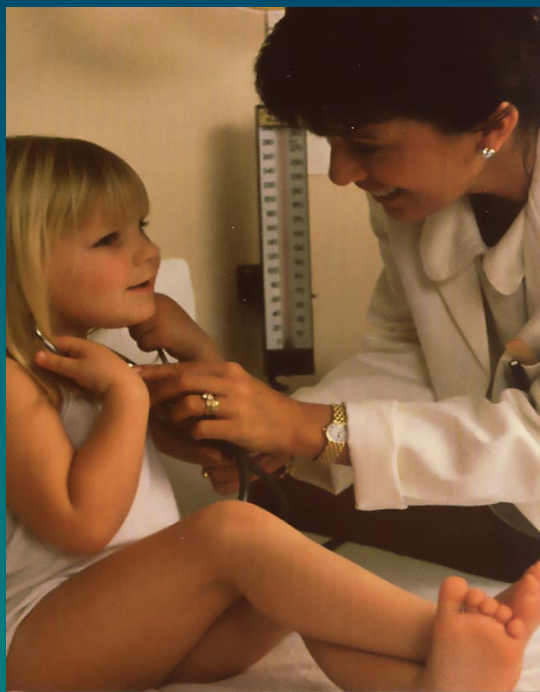## (Introduction to Nursing and Current Status of Nursing)

PROFESSIONAL ISSUES & TRENDS IN NURSING

NPT 7302

What is a Nurse?

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How are nurse's portrayed in the media?

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What makes a nurse a professional?

Nursing as a Profession

- Extended education
- Theoretical body of knowledge
- Provides a specific service
- Autonomy in decision making and practice
- Code of ethics

Scope & Standards of Practice

- ■ Standards of Practice

- ■ Standards of Professional Performance

- ■ Code of Ethics

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Standards of Professional Performance

- Quality of practice
- Professional Practice Evaluation
- Education
- Collegiality
- Ethics
- Collaboration
- Research
- Resource Utilization
- Leadership

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Professional Nursing Practice

- ■ Nurse Practice Acts

- ■ Licensure and Certification

- ■ Science and Art of Nursing practice

Historical Perspective

1. Florence Nightingale
2. Dorothea Dix
3. Clara Barton
4. Isabel Hampton Robb
5. Dr Mildred Montag
6. Salma Salim Al Sharhan

1. Florence Nightingale

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Florence Nightingale (12 May 1820 – 13 August 1910) was an English social reformer, statistician, and the founder of modern nursing. Nightingale came to prominence while serving as a manager and trainer of nurses during the Crimean War, in which she organized to care for wounded soldiers at Constantinople.

2. Dorothea Dix

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- Dorothea Lynde Dix (April 4, 1802 – July 17, 1887) was an American advocate on behalf of the indigent mentally ill who, through a vigorous and sustained program of lobbying state legislatures and the United States Congress, created the first generation of American mental asylums. During the Civil War, she served as a Superintendent of Army Nurses.

3. Clara Barton

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- Clarissa Harlowe Barton (December 25, 1821 – April 12, 1912) was an American nurse who founded the American Red Cross. She was a hospital nurse in the American Civil War, a teacher, and a patent clerk. Since nursing education was not then very formalized and she did not attend nursing school, she provided self-taught nursing care. Barton is noteworthy for doing humanitarian work and civil rights advocacy at a time before women had the right to vote. She was inducted into the National Women's Hall of Fame in 1973.

4. Isabel Hampton Robb

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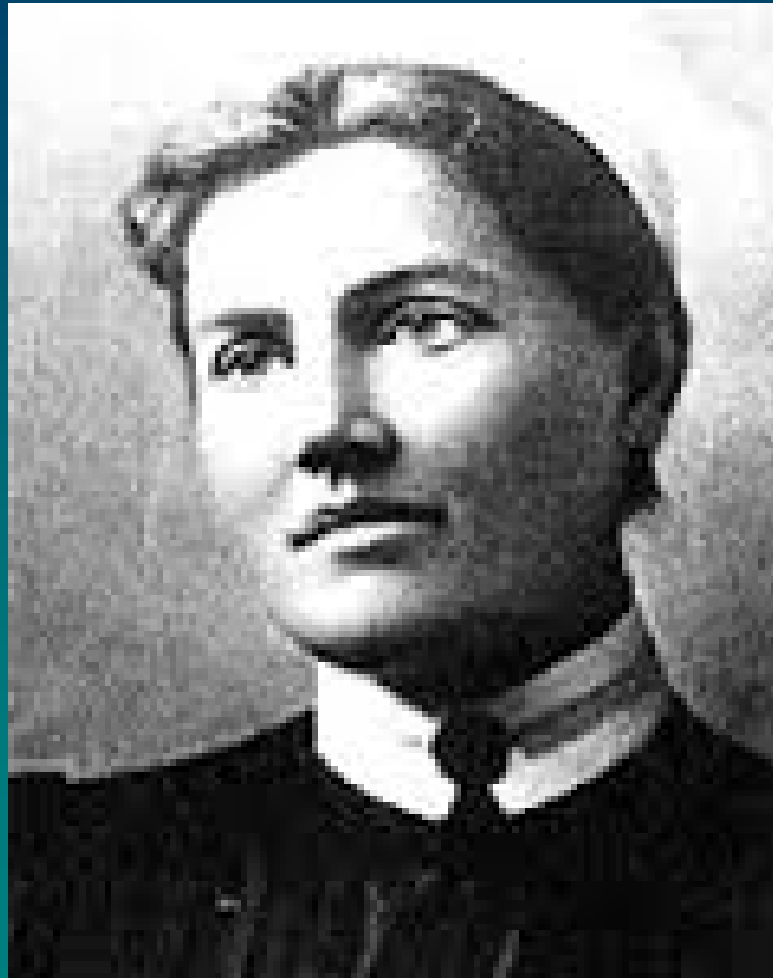
- **Isa**bel Adams Hampton Robb (1859–1910) was an American nurse theorist, author, nursing school administrator, and early leader. Hampton was the first Superintendent of Nurses at the Johns Hopkins School of Nursing, wrote several influential textbooks, and helped to found the organizations that became known as the National League for Nursing, the International Council of Nurses, and the American Nurses Association.

5. Dr Mildred Montag

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As founder and director of the Adelphi College School of Nursing from 1942 to 1948, Mildred Montag, PhD, developed the nursing program and was recognized for her impact on nursing education in the United States and throughout the world.

6. Salma Salim Al Sharhan

- Hamdan Award for Honoring Individuals Working in the Field of Medicine & Health 2009-2010

- Born on 1 June 1939 in the emirate of Ras Al Khaimah, Salma Salim Al Sharhan is a legendary figure in the UAE, having served thousands of people through her dedicated and exemplary work in the healthcare domain. She is known as the "Florence of the UAE" in the Arab world after nurse "Florence Nightingale" who laid the basis of the nursing profession in the modern era. She never got married instead; Salma Al Sharhan devoted herself to helping people and easing their sufferings extending to over 52 years.

Nursing Today

- Registered Nurse
- Licensed Practical Nurse
- Nurse Practitioner
- Clinical Nurse Specialist
- Nurse Midwife
- CRNA

Current Trends & Issues in Healthcare

- Nursing Shortage
- Patient Satisfaction
- Managed Care
- Transcultural Nursing
- National Patient Safety Initiatives
- Evidence-Based Practice
- Information Age
- Genetics
- Globalization of Health
- Aging Population
- Legal & Ethical Issues
- Terrorism/Bioterrorism/Disaster Nursing

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Nursing Shortage

- National problem which is growing
- Critical shortage in specialty areas
- Avg age of nurses is 45
- Resurgence of enticements for recruitment

Reasons for Shortage

- Work environment
- Recruitment
- Retention
- Aging workforce
- Compensation
- Aging Baby Boomers
- Shortage of nursing faculty

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Patient Satisfaction

- Press ganey surveys
- Good customer service
- Patient Bill of Rights
- Treat patients like family
- Healthcare is a business
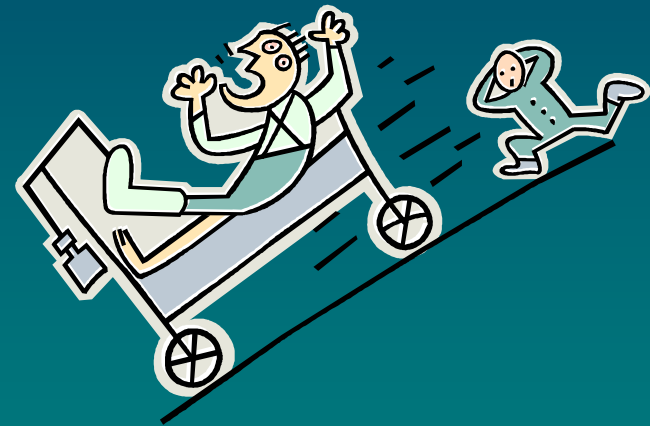
Managed Care

- Goal is to keep length of stay (LOS) down
- Capitation
- Patients are discharged sooner
- Patient acuity higher
- Health Care Plans
- Case manager work closely with physicians and insurance companies

Transcultural nursing

- Nursing has become a melting pot
- Nurses are challenged to be more culturally aware
- Cultural sensitivity

National Patient Safety Initiatives

- Joint Commission National Patient Safety Goals
- Institute for Healthcare Improvement "5 Million Lives" Campaign
- The Leapfrog Group

THIS REPORT SAYS MEDICAL ERRORS SUCH AS INDECIPHERABLE PRESCRIPTIONS CAUSE THE DEATHS OF 98 PATIENTS A YEAR, OR IS THAT 98,000? IT'S HARD TO READ THIS. IN ANY CASE, WE'RE SUPPOSED TO REPORT THEM, OR IS THAT REPEAT THEM?

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Joint Commission National Patient Safety Goals

- Improve the accuracy of patient identification
- Improve the effectiveness of communication among caregivers
- Improve the safety of using medications
- Reduce the risk of healthcare-associated infections
- Accurately and completely reconcile medications
- Reduce the risk of patient harm from falls
- Encourage patients' active involvement in their own care as a patient safety strategy
- The organization identifies safety risks inherent in its population
- Improve recognition and responses to changes in a patient's condition

The Leapfrog Group

- Reduce preventable medical mistakes and improve the quality and affordability of health care
- Encourage health providers to publicly report their quality outcomes so consumers can make informed choices

IHI "5 Million" Lives Campaign"

- Deploy rapid response teams
- Deliver reliable evidence-based care for acute MI
- Prevent adverse drug events
- Prevent central line infections
- Prevent surgical-site infections
- Prevent ventilator-associated pneumonia

Evidence Based Practice

- Goal is to achieve cost-effective, high quality patient care based on scientific inquiry
- Nurses need to understand research process involved
- Nursing care should not be based on opinions, past practices, but on the results of scientific research
- Clinical journals
- Practice guidelines
- Nursing research

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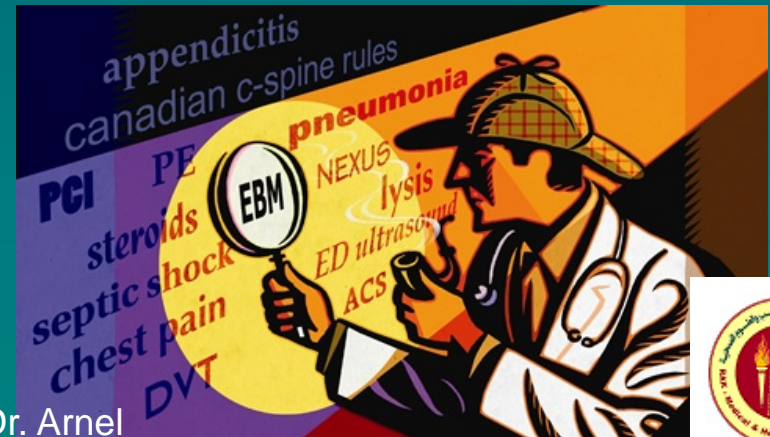
Information Age

- Consumers today are more computer savvy regarding healthcare
- More info on internet
- Consumers could possibly be more informed than health care worker
- Joint Commission 2014 all medical records have to be EMR

Genetics

- Many major developments in the field of genetic research
- Stem Cell
- Human Genome Project
- Cloning
- Legal & Ethical issues

Globalization of Health

- Healthcare has become a global issue
- People are mobile, diseases can travel
- Nurses need to have an understanding of the issues pertaining to global health

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Legal Limits of Nursing Sources of Law

- Statutory law: Nurse Practice Acts
- Regulatory law/Administrative law
- Common law
- Criminal law: felony & misdemeanor
- Civil law: negligence & malpractice
- :

Legal Issues in Nursing

- Nurse Practice Act
- Standards of Professional Practice
- EMTALA - Emergency Medical Treatment and Labor Act
- Advanced Directives
- HIPAA - Health Insurance Portability and Accountability Act
- Licensure
- Good Samaritan Laws
- Public Health Laws
- Physician-Assisted Suicide
- Americans With Disabilities Act

Civil & Common Law Issues in Nursing Practice

- Intentional Tort
- Unintentional Tort
- Negligence
- Malpractice
- Consent
- Informed Consent
- Malpractice Insurance
- Abandonment & Assignment Issues

Aging Population

- Population is aging
- Growing concerns regarding the unique needs of the elderly
- Gerontological nursing

Terrorism/Bioterrorism/Disaster Nursing

- The 9-11 terrorist attacks have heightened attention to the growing threats of terrorism
- Nurses need to be aware to the health consequences of terrorism and use of biological agents

BIOTERRORISM

Donald Milton, MD, PHD - Harvard School of Public Health

Practice Settings for Nurses

■ Hospital

■ Community Based Practice Settings

Hospital Based Nursing

- Acute care is where largest group of nurses practice

- Different Staffing Patterns

- Skill Mix Changing

- Increase in skilled nursing facilities due to aging population and increase in chronic disease

Community Based Nursing

- Focus on health promotion, maintenance, education
- Community Health Centers, Clinics
- School Nursing
- Occupational Health
- Home Health
- Physicians Office
- Managed Care Organizations
- Forensics Nursing

Nursing Education

- Diploma
- ADN
- BSN
- Master's
- Doctorate
- Continuing education
- In-service education

Nursing Roles

- Caregiver
- Clinical Decision Maker
- Client Advocate
- Rehabilitator
- Comforter
- Communicator
- Collaborator
- Teacher

Professional Roles & Responsibilities

- Autonomy & Accountability
- Caregiver
- Client Advocate
- Educator
- Manager/Clinical Decision Maker
- Communicator
- Collaborator
- Career Development

Autonomy & Accountability

- Autonomy is the essential element of professional nursing
- Person is reasonably independent and self-governing in decision making & practice
- Increased autonomy=Increased responsibility
- Accountability- nurse is responsible professionally & legally for type & quality of care provided
- Regulated through Standards of Practice and Nurse Practice Act

Clinical Decision Maker

- Utilizes critical thinking skills and the nursing process

- Nursing Process: Assessment, Diagnosis, Planning, Implementation, Evaluation

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Client Advocate

- Nurse protects the clients human and legal rights
- Providing information to assist in decision making
- Patient Bill of Rights

PATIENT'S BILL OF RIGHTS

Rehabilitator Role

- Assist client to return to optimal level of functioning
- Nurse helps client to adapt physically and emotionally to changes in lifestyle, body image

Comforter Role

- Caring for client as a human being

- Role is traditional to nursing

- Care is directed to whole person, not just a body part

- Demonstration of care and concern

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Communicator Role

- Role is central to all other roles
- Involves communication with client, family, healthcare team members, resource people, and the community
- Without clear, concise communication it will be difficult to give effective care

Teacher/Educator Role

- Explains concepts and facts about health, demonstrates procedures, reinforces learning, determines understanding, and evaluates progress of learning
- Unplanned or informal education
- Planned or formal education

Nursing Career Roles

- Clinician
- Nurse Educator
- Advanced Practice Nurse
- Nurse Administrator
- Nurse Researcher
- Military Nurse
- Forensic Nursing

Healthcare Team Members

- Nurses
- Physicians
- Physician Assistant
- Therapists and Technicians
- Pharmacist
- Nutritionist/Dietitian
- Case Manager/Social Worker
- Pastoral Care
- Nursing Assistant
- Unit Secretary
- Ancillary Staff

Professional Nursing Organizations

- Created to deal with issues of concern within profession
- American Nurses Association
- National League of Nursing
- State Nurses Association
- National Student Nurse Association
- Organizations specific to specialty

Health Care Delivery System

- **Prospective Payment System**
- **Diagnosis-related Groups**
- **Capitation**
- **Utilization Review**

Health Care Plans

- Managed care organization (MCO)
- Medicare
- Preferred provider organization (PPO)
- Medicaid
- Private insurance
- Long term care insurance

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Health Care Services

- Primary Care
- Preventive Care
- Secondary Acute Care
- Tertiary Care
- Restorative care
- Continuing Care

Top 10 Nursing Trends for 2022

Top 10 Nursing Trends for 2022

- "The pandemic has reminded all of us how much we all depend on nurses, from our first days to our last, and why all countries must invest in nurses now and for the future."

1. Looming Nursing Shortage

- The statistics point to a national nursing shortage:

- The nursing workforce is aging out.

- A shortfall of nurse educators contributes to this trend. Student enrollment in nursing programs increased in 2020

2. Telehealth and Technology in Health Care

- The need for privacy and the security of protected health information is a health care trend that is not going away. Nurses must ensure the platform they're using is secure for communicating sensitive data.

- Use of telehealth services experienced dramatic increases in 2020 due to the pandemic.

3. Essential Need for Self-Care in Nursing

- Many nurses experience stress and trauma on a daily basis, and these pressures can affect their mental health, job satisfaction, and overall quality of life. Awareness and education on self-care for nurses has become a priority in the field. Those who know how to handle stress can better help patients.

4. Nursing Advocacy and Action

- nurses have a significant opportunity to have a voice in the future of health care and the health of our nation

5. Evolution of the Workplace

- Although the pandemic highlighted the work nurses perform in acute care settings, workplace opportunities for nurses are evolving, too. There are several non-hospital careers for nurses.

- Travel nursing continues to grow in popularity. It enables nurses to move between regions with the greatest health care needs and gain financial rewards.

6. Expanding Distance Education

■ The pandemic necessitated the use of distance education while highlighting its learning value and benefits. Particularly, students living in rural locations far from college campuses have benefitted from online education.

7. Interprofessional Partnerships

- Interprofessional collaboration, a nursing trend over the last 20 years, is evolving into interprofessional partnerships. The public is demanding more convenient care, and traditional professional boundaries are changing to meet customer demand.

8. Entrepreneurship and Intrapreneurship Opportunities

■ For nurses who value independence and autonomy, entrepreneurship can be a good fit. Technology and rapidly changing health care dynamics are increasing opportunities for entrepreneurs and intrapreneurs in nursing.

■ Consolidation of health care allows nurses to move within an organization. Such "intrapreneurs" lend their experience and knowledge to benefit organizations and patients.

9. Need for Nurse Navigators

- Nurse navigators use their medical knowledge, as well as management and people skills, to help patients make their way through the health care system. As the population ages and chronic health conditions become more prevalent, this role is gaining in importance. Nurse navigators adopt a holistic approach in improving patients' overall quality of life.

- The nurse navigator is an expanded nurse case manager role

10. Increased Specialization

- There is increasing demand for RNs who specialize in specific areas of medicine such as psychiatry, obstetrics, gerontology, and others, Fuller says. "Specialization enables the nurse to be an expert in the area in which they are providing care. It can also open the door to opportunities for career advancement."