

ASSESSMENT TOOL TO IDENTIFY PATIENT AT RISK OF PRESSURE ULCER

Ward : _____

Date of transfer in : _____

Date/time of assessment : _____

ASSESSMENT DONE BY (WRITE FULL NAME): _____

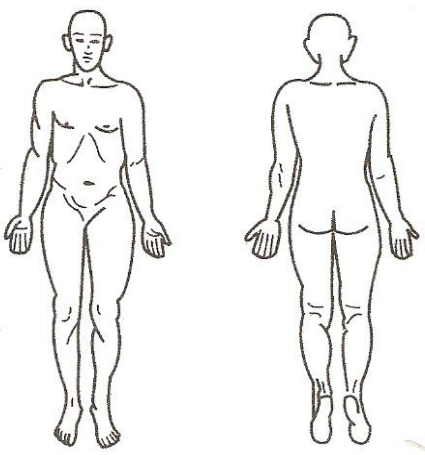
A. Pressure Area Scores

CRITERIA	SCORES				Score/Criter
	1	2	3	4	
AGE	< 50 yr	50 - 59 yr	60 - 69 yr	> 70 yr	
MOBILITY	Fully mobile	Mobile with help	Severely restricted	Bed/chair bound	
MENTAL CONDITION	Alert	Apathetic/depressed	Confused/Uncooperative	Paralysed/Comatose	
WEIGHT	Normal	Obese	Emaciated	Recent/rapid weight loss	
NUTRITION	Normal	Poor Appetite/small intake	Fluids only/restricted	Artificial feeding	
CONTINENCE	Continent	Sometimes	Usually	Double incontinence	
TOTAL SCORE					

B. Staging of Pressure Ulcer

C. Numerical Location (Pl. Tick)

Sacral	Scapula	Iliac crest	Heel	Others
1	2	3	4	5

	ULCER STAGING	
Stage 0	Intact skin with no erythema or redness	
Stage 1	Erythema does not disappear within half an hour after applied pressure is relieved.	
Stage 2	Skin blister or superficial skin break at epidermis or dermis level.	
Stage 3	Full thickness involving loss of subcutaneous tissue	
Stage 4	Extending through muscles or bone	

* ear, occiput, malleolus, elbow etc.

