

**METAL-SKIN INTERFACE DRESSING PROTOCOLS  
FOR EXTERNAL FIXATORS  
( DRESSING BY PATIENTS AND RELATIVES)**

1. Wash hands thoroughly.
2. Prepare the dressing set.
3. Cut the dressing gauze and make strips that measure 2 x 7 cm.
4. Prepare normal saline or distilled water solution.
5. Soak the dressing strips with the dressing solution.
6. Remove the old dressing from the pins using the forceps.
7. Apply the new dressing gauze strips to the pin or site using forceps.
8. Wash the set and disinfect the items with boiling water immediately after use.